

DIMENSION COOL AESTHETICS

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HYDRAFACIAL PRE- AND POST-CARE INSTRUCTIONS

Please follow these steps for optimal results.

1. Discontinue the use of any Acutane for 6 months before treatment
2. Discontinue the use of topical Retin-A or Tretinoin for at least 4 days before and after treatment.
3. Refrain from any type of exfoliating treatments such as glycolic acid or enzymes to the area for 48 hours before and after treatment.
4. Refrain from any medium and/or deep chemical resurfacing treatments (peels) and laser treatments for 1 month before and after your HydraFacial treatment.
5. Refrain from waxing and use of depilatories for 72 hours before and after treatment.
6. Discontinue use of over-the-counter acne medications such as benzoyl peroxide and salicylic acid for 48 hours before and after treatment.
7. Avoid excessive sun exposure as well as the use of artificial tanning beds for 72 hours before and after treatment.
Always wear sunscreen!
8. Wait 2 weeks after Botox and fillers to undergo a treatment. Botox and fillers can be given on the same day but AFTER your HydraFacial MD treatment.
9. For men, shaving is not recommended on the day of treatment. If you choose to shave, please shave at least 3-4 hours prior to your treatment.
10. Avoid heat (hot showers, sauna, and intense cardio) for 24 hours after treatment.
11. If you do not need to apply makeup for the remainder of the day (on the day of your treatment), then wait until the next morning to wash your face.

Who should not have a HydraFacial?

HydraFacial MD is not recommended if you are pregnant or breastfeeding, recent sunburn or recent changes in moles or growths in the treatment area. If you have an active or unstable medical condition such as epilepsy, cancer, or autoimmune disease then treatment should be deferred.

**Individual results may vary*

Please contact us at 864-308-1910 or info@dcaesthetics.com if you have any questions or concerns.